Privacy policy

I, Flo Joly de Lotbiniere from Flo's Centre am very committed to protecting and respecting your privacy. I have updated the privacy policy to meet the high standards of the European data protection law, known as the General Data Protection Regulation (GDPR).

In this policy, I give complete insight on which personal data will be processed by me and how, both online and offline.

Regarding the online data, this policy only applies to this website: https:// www.floscentre.com. If you leave this site via a link or otherwise, you will be subject to the policy of that website provider. I have no control over that policy or the terms of the website and you should check their policy before continuing to access the site. If you have any questions or remarks regarding this Privacy policy, please feel free to contact me:

info@floscentre.com 0682905312 Flo Joly de Lotbiniere Heuvelsesteeg 3b 3959 BA Overberg

Information I may collect from you:

Information that you provide by filling out the contact form.

Details of your visits to the website including traffic data, location data, weblogs, operating system, browser usage and other communication data.

If you contact us by phone or email, I may choose to put relevant personal information from that correspondence in your personal file. I also keep all email communication in a secured environment.

When you come for a session, I will ask you for additional personal information in the intake form and during the actual intake. That information is only used for the specific purpose of the session, to ensure your safety and health, and give you the proper guidance.

IP addresses and cookies:

The website of Flo's Centre only uses technical and functional cookies. This means that I may collect information about your computer including, where available, your IP address, operating system and browser type. This is statistical data about the users' browsing actions and patterns, and does not identify any individual and I will not collect personal information in this way. I may obtain information about your general internet usage by using a cookie file, which is stored on the hard drive of your computer. Cookies contain information that is transferred to your computer's hard drive. They help me to improve the website and to deliver a better and more personalised service. They enable me to estimate the audience size and usage pattern and to store information about your preferences, which allows me to customise the website according to your individual interests.

You may refuse to accept cookies by changing the setting on your browser. You can also delete all the cookies stored on your computer.

Personal information

The general personal data I receive via the contact form, the intake form or during the personal intake may include:

Name Gender Birth date Place of birth Address Phone number E-mail address BSN number

Additional personal information

Due to the area I work in, I also ask for more in-depth personal information during phone calls, emails or private sessions. This includes details about your health, sexual life, and your personal process. I only use this information to provide you with the best help, and to be able to ensure your physical, mental and emotional safety. This data will be kept for possible future sessions. I keep an online personal file which is stored using a confidential database. I do not keep an offline personal file of my clients.

You may of course always request for your personal file to be deleted, in this case please send an email to me and the data will safely be disposed of.

Information held about you is used in the following ways:

To ensure that content from the site is presented in the most effective manner for you and for your computer.

To contact you for scheduling a meeting.

To manage the financial obligations.

All information shared by a client; before, during or after a session that can possibly be classed as confidential, will be treated as confidential by Flo's Centre.

Sharing personal information with third parties

I do not share anything about your personal file with anyone else, except when this is necessary and I have your consent up front.

Your rights:

You have the right to ask me to review, correct or delete your personal data from the records at any time.

Changes to the privacy policy:

Any changes I may make to the privacy policy in the future will be posted on this page and, where appropriate, notified to you by e-mail. However, I advise that you check this page regularly to keep up to date with any necessary changes.

This privacy statement is last updated on 24th November 2023.

Get in touch:

Comments and requests regarding this privacy policy are welcomed and may be addressed to info@floscentre.com